

Social interactions strengths and weaknesses assessment

Use this handout to discover your social interactions strengths and weaknesses. Use the worksheet below to calculate and analyze your results from the social interactions strengths and weaknesses assessment on page two.

| WORKSHEET | |
|-------------------------------------|--|
| Number of "Unsure" $X 0 =$ | |
| Number of "Never" X 1 = | |
| Number of "Sometimes" X 2 = | |
| Number of "Always" X 3 = | |
| Add up the amounts from every line: | |

| If your score is between 0 and 34, | your use of social interactions strategies could improve. We recommend you talk to your audiologist about the areas that are troublesome for you – especially the areas you selected as "never" or "sometimes." Also, visit the Social interactions section of the website to learn more. |
|---|---|
| | |
| If your score is between 35 and 48, | you have a strong grasp of social interactions strategies! You "always" or "sometimes" use most of the optimal social interactions strategies. Remember to frequently reassess your skills, as your needs may change. Continue to learn more at the Social interactions section of the website. |



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| To what extent | Always | Sometimes | Never | Unsure | Notes |
|--|--------|-----------|-------|--------|-------|
| Are you able to follow and participate in group discussions? | | | | | |
| Are you able to understand speakers who speak very quickly? | | | | | |
| Are you able to understand speakers who speak unclearly? | | | | | |
| Are you able to understand speakers who speak very softly? | | | | | |
| Are you able to understand speakers who have accents? | | | | | |
| Are you able to understand speakers who make lots of facial expressions? | | | | | |
| Are you able to understand a speaker without seeing their face/lips? | | | | | |
| Are you able to understand broadcasted speech on the radio? | | | | | |
| Are you able to understand broadcasted speech on the television? | | | | | |
| Are you able to understand speakers when they call you on the phone? | | | | | |
| Are you able to understand speakers when they call you on Skype or FaceTime? | | | | | |
| Are you comfortable planning ahead before a new social interaction? | | | | | |
| Are you comfortable changing your processor settings (e.g. changing the volume or sensitivity levels)? | | | | | |
| Are you comfortable using the optimal communication strategies (see communication strategies section)? | | | | | |
| Are you comfortable using a wide variety of assistive technologies (e.g. Roger pen or mini mic)? | | | | | |
| Are you comfortable asking for written or nonverbal communication? | | | | | |

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Social interactions strengths and weaknesses assessment Continued

For this chart, make a list of the top 10 social interactions that are difficult for you and why.

| Number | Name | Frequent communication breakdowns |
|---------|-----------------------------|--|
| Example | Volunteer weekly meeting | Usually involves a lot of group discussions, and people frequently talk over each other. I also have problems understanding the videos in the PowerPoint when played over the loudspeaker. |
| 1 | | |
| 2 | | |
| 3 | | |
| 4 | | |
| 5 | | |
| 6 | | |
| 7 | | |
| 8 | | |
| 9 | | |
| 10 | | |

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RESOURCE 12

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