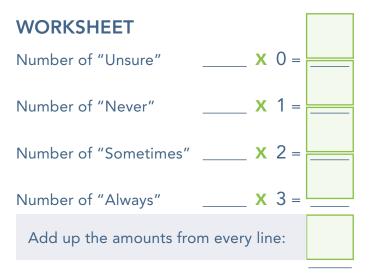


Communication strengths and weaknesses assessment

Use this handout to discover your communication strengths and weaknesses. Use the worksheet below to calculate and analyze your results from the communication strengths and weaknesses assessment on page two.



If your score is between 0 and 20,	your use of communication strategies could improve. We recommend you talk to your audiologist about the areas that are troublesome for you – especially the areas you selected as "never" or "sometimes." Also, visit the Communication strategies section of the website to learn more.
lf your score is between 21 and 27,	you have a strong grasp of communication strategies! You "always" or "sometimes" use most of the optimal communication strategies. Remember to frequently reassess your skills, as your needs may change. Continue to learn more at the Communication strategies section of the website.



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To what extent	Always	Sometimes	Never	Unsure	Notes
Are you able to understand most speakers during one-on- one, in-person conversations?					
Are you able to understand a speaker without seeing his or her face?					
Are you comfortable communicating in a new situation or environment?					
Are you comfortable explaining the limitations of your cochlear implant?					
Are you comfortable making specific requests to communication partners about your needs?					
Are you comfortable asking for context or topic words during a conversation?					
Are you comfortable asking communication partners to repeat and rephrase what they said?					
Are you comfortable asking for written or nonverbal communication?					
Are you comfortable admitting when you did not hear or understand something in a conversation?					

RESOURCE 4

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Communication strengths and weaknesses assessment Continued

For this chart, make a list of your 10 most common communication partners, and make notes of frequent communication breakdowns. Remember, a communication breakdown occurs when the information being relayed is partly or completely incomprehensible between two people.

Number	Name	Frequent communication breakdowns
Example	Sally Smith, daughter	Are you able to understand most speakers during one-on-one, in-person conversations?
1		
2		
3		
4		
5		
6		
7		
8		
9		
10		

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